

SPIRIT OF ADVENTURE COUNCIL | NORTHERN NEXUS OF ADVENTURE
Recommended Individual Packing List

Item	Suggested Number
☐ Backpack, foot locker, plastic bin, or trunk	1
☐ Sleeping bag or sheets and a blanket	1
☐ Pillow	1
☐ Bug net with poles	1
☐ Full uniform	1 each Scout shirt, Scout pants/shorts, Belt
☐ Walking shoes	1 Pair
☐ Hiking boots	1 Pair
☐ Underwear	7 Pairs
☐ Bathing suit	2
☐ Extra clothing (shorts, pants, shirts) ¹	1 pair pants, 2 pairs shorts, 7 t-shirts
☐ Sweatshirt or light jacket	1
☐ Cap or hat	1
☐ Socks	7 pairs
☐ Rain gear	1
☐ Bath towel, hand towel, wash cloth	2 each
☐ Toiletries including soap, shampoo, toothbrush, toothpaste, deodorant	1 each
☐ Flashlight	1
☐ Canteen or water bottle	1
☐ Completed medical form	3 (2 for camp and 1 for the Troop)
☐ Medications in original pharmacy containers	As needed
☐ Pocket knife	1
☐ Watch	1
☐ Day pack	Optional
☐ BSA Handbook and Fieldbook	1 each
☐ Merit badge books	As needed for advancement
☐ Pens or pencil and notebook	1
☐ Partial merit badge paperwork	As needed
☐ Merit badge projects/prerequisites	As needed
☐ Bug repellent (no aerosol)	As needed
☐ Fishing gear	Optional
☐ Camera and film	Optional
☐ Musical instrument	Optional
☐ OA sash	If a member
☐ Spending money	We recommend at about \$12 per day, additional for NeXus branded clothing and souvenirs